

THE LEANDRO G. SINCO CHALLENGE RACES
5th Quarter Marathon and 1st 38.5 DUATHLON
Sunday, July 4, 2010 at 5:30 AM

The **5th Leandro Sinco Challenge Races** (3km, 5km & 10.5km Quarter Marathon) will start at the Robinsons Place through Perdices Street cross Old Banica River Bridge to the historic Rizal Boulevard and through the flat paved road of Barangays Looc-Piapi-Bantayan and turn back the same route to FINISH at the Robinsons Place. Turning Points for 3km Kiddie Run at the intersection of Tinago Bridge, the 5km will be in front of Don Atillano near the intersection of San Juan Street and 10.5 km turns in front of the SU Farm Gate at Brgy. Bantayan.

The **1st Leandro Sinco Duathlon 38.5 km (2.1km Run-35 km Bike- 1.4 km Run)** will pass through the 10.5km race route and then pass through the scenic countryside roads of the Municipalities of Sibulan and Valencia and the flat roads of Dumaguete City. The Duathlon route is a combination of out-back and loop course. The full course is a combination of 14-km uphill-downhill dirt and graded gravel roads through the countryside crosses the Camanjac-Calabnugan Bridge over the Ocoy River of Barangay Calabnugan in Sibulan, going to Brgy. Lower Balili-Cambucad roads in northern part of Valencia, run along Ocoy River down to Barangays Pulangbato and Palinpinon and a 20 km more or less flat paved road of Dumaguete City passing the roads of Barangays Looc, Piapi, Bantayan, Pulang-tubig, Daro and Candau-ay, Camanjac and all the way to the finish line at the Robinsons Place. The TRANSITION point is located at the Mall Front parking area and the Milgos Security Agency commissioned to handle security.

COURSE DETAILS

- **START.** Assembly and start line at the Robinsons Place Mall Front
- **FINISH.** Finish line at the Robinsons Place Mall Front
- Run-Bike-Run transition point and Bike racks are located at the Mall Front parking area
- Mount & Dismount area is 15 meters from mall exit gate

The 3km Route:

1. Start at the Robinsons Place;
2. From start line run around through Exit Gate to Perdices Street;
3. Then turn right at corner Perdices & Lower Luke Wright Streets;
4. Then TURN BACK at Tinago Bridge turning point;
5. Then follow the same route going back to FINISH at the Robinsons Place.

The 5km Route:

1. Start at the Robinsons Place;
2. From start line run through Exit Gate to Perdices Street;
3. Then turn right at corner Perdices & Lower Luke Wright Streets;
4. Then turn left to Rizal Boulevard;
5. Then TURN BACK at intersection Rizal Boulevard and San Juan Streets;
6. Then follow the same route going back to FINISH at the Robinsons Place.

The 10km Route:

1. Start at the Robinsons Place;
2. From start line run through Exit Gate to Perdices Street;
3. Then turn right at corner Perdices & Lower Luke Wright Streets;
4. Then turn left to Rizal Boulevard;
5. From Rizal Avenue run straight to Flores Avenue in Brgy. Looc;
6. Then turn left to E.J.Blanco Road in Brgy. Piapi;
7. Then turn right (Piapi Crossing) to Airport Road;
8. Then TURN BACK in front of SU Farm;
9. Then follow the same route going back to FINISH at the Robinsons Place.

The Duathlon Route:

1. Start at the Robinsons Place and make 3-loops inside Robinsons Place;
2. Then pass inside transition area to get bike and straight to MOUNTING AREA;
3. From mounting area bike to Perdices Street;
4. Then turn right at corner Perdices & Lower Luke Wright Streets;
5. Then turn left to Rizal Boulevard;
6. From Rizal Avenue bike straight to Flores Avenue in Brgy. Looc;
7. Then turn left to E.J.Blanco Road in Brgy. Piapi;
8. Then turn right (Piapi Crossing) to Airport Road;
9. Then turn left (Bantayan Crossing) to Rovira Road;
10. Then cross North National H-way to Pulang-tubig;
11. Then straight to Dumaguete-Camajac Road;
12. Then turn right to Camajac-Calabnugan road and cross Calabnugan Bridge;
13. Then bike through Calabnugan-Lower Balili-Cambucad Road;
14. Then turn left to road passing Pulangbato-Palipinon roads;
15. Then turn left to Candau-ay-Camanjac Road;

16. Then follow the same route going back to FINISH at the Robinsons Place.